# Food-habits of water-birds of the Sundarban, 24 Parganas District, West Bengal, India—IV<sup>1</sup>

Stork, Teal, Moorhen and Coot

BY

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[Continued from Vol. 68 (3): 716]

#### Anastomus oscitans (Boddaert), The Openbilled Stork

The Openbilled Stork, *Anastomus oscitans* (Boddaert), is a marshloving bird found around tanks, lakes, rivers and estuarine mud-flats, and also foraging nearby in paddy fields.

About the food-habits of the Openbilled Stork, Jerdon (1864, p. 766) stated : 'It lives chiefly on molluscs, especially on the large *Ampullaria* but also on various others.' He further quotes Colonel Sykes' statement that it fed on species of *Unio*. He also found that in default of its proper food, this snail-eater will eat fish, frogs, etc., but shell-fish are its special favourite. Blanford (1898, p. 378) mentioned : 'They occasionally eat fish, crabs, etc., but subsist mainly on mollusca.' Baker (1929, p. 334) writes that it feeds principally on Mollusca, chiefly the Apple-snails, land-snails, crabs and small Mollusca which it crushes first and then swallows the entire contents including the shells. It also eats worms, frogs, lizards, small snakes, insects and fishes. Ali (1955, p. 102) recorded: '... soft body and viscera of .... [*Ampullaria* snails] form a large proportion of its food in due seasons. It also eats frogs, crabs, large insects and other small living things.'

The detailed analysis of the stomach-contents of 72 adult specimens that the author collected in the Sundarban is given in Table 14.

<sup>&</sup>lt;sup>1</sup> Accepted April 24, 1972.

#### TABLE 14

#### ANALYSIS OF THE STOMACH-CONTENTS OF THE OPENBILLED STORK

Items of diet	No.	Wt. <b>(</b> g)	% <b>(</b> Wt.)	Remarks
Phylum Chordata Class R e p t i l i a Order Squamata Suborder Serpentes Family COLUBRIDAE				
Ptyas mucosus Linnaeus Xenochrophis piscator (Schneider)	9 5			Partly digested.
Total :	14	113	7.40	
Class A m p h i b i a Order Anura Family RANDAE		-		-
Rana tigerina Daudin Family BUFONIDAE	3			Subadult.
Bufo melanostictus Schneider	8			-do-
Total:	11	39	2.55	
Series Pisces				
Class Teleostomi Order Ophiocephaliformes Family CHANNIDAE Channa punctata (Bloch)	4			Freshwater form. Length 30-40 mm
Order Perciformes Family ANABANTIDAE Anabas testudineus (Bloch)	10			Freshwater form. Length 30-50 mm
Miscellaneous fish fragments				Not identifiable.
Total :	14	70	4.59	_
Phylum Mollusca Class Gastropoda Order Mesogastropoda Family PILIDAB				
Pila sp.	190			Freshwater form. Mostly soft parts.
Family VIVIPARIDAE Viviparus bengalensis (Lamarck)	6			Freshwater form. Entire animal with shell and some
				shell, and some soft parts with broken shells.
Family MELANIIDAE Melanoides sp. Order Basommatophora Family LYMNAEIDAE	8			-do-
<i>Lymnaea</i> sp. Miscellaneous Mollusca (fragments of shells and soft parts)	17			-do- Not identifiable.

Items of diet	NT-	W4 (-)	0/(1174)	Deserte
Items of diet	No.	Wt.(g)	%(Wt.)	Remarks
Phylum Arthropoda Class Crustacea				
Order Decapoda Family PORTUNIDAE Scylla serrata (Forskal)	32			Mostly the fleshy portions, with some parts of
Portunus sp.	5			exoskeleton. Mutilated speci- mens. Identification doubtful.
Family POTAMONIDAE Paratelphusa (Barytelphusa) jacquemonti (Rathbun)	11			Mostly body pulp and a few appen- dages.
Crustacean fragments				Not identifiable.
Total :	48	387	25.37	_
Class Insecta Family LOCUSTIDAE Grasshopper (fragments) Family TETTIGONIDAE Longhorned Grasshopper (fragments Family GRYLLDAE Crickets (fragments) <i>Grylloides</i> sp. ? Family GRYLLOTALPIDAE <i>Gryllotalpa</i> sp. Order Hemiptera	) 6+ 18+			Not identifiable. -do- -do- Partly digested. -do- Parts of body, head, legs, etc.
Family BELOSTOMATIDAE Belostoma sp.	9+			Elytra mostly.
Total :	33+	- 66	4.35	
Phylum Annelida Class C h a e t o p o d a Order Oligochaeta Family MEGASCOLECIDAE Pheretima sp.?				In bits. Partially digested. Not identifiable.
Total :		32	2.09	1

(N = Number of examples.

Weight = Total weight (in grammes) of examples of all species under a Class. Length of fish = Its standard length.)

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The food of the Openbilled Stork consists solely of animal matter comprising mainly of Mollusca (53.64%). Crustacea comes next in bulk (25.37%). The proportions of other groups are : Reptilia (snakes) 7.40%, Amphibia (Toads and frogs) 2.55%, Insects (grasshoppers and bugs) 4.35%, Oligochaeta (earthworms) 2.09% and fishes 4.59%. The fishes taken are mostly air-breathing freshwater mudfishes which venture out of water. From the contents of stomachs it is seen that the bird is mostly dependent on freshwater forms, as well as on a few land forms.

The food of the Openbilled Stork appreciably differs in wet and dry seasons. During the monsoon when the paddy-fields are inundated, it searches out *Pila* which during this season is dispersed over a great area and is found in abundance. It is then its principal food. It is interesting to note that generally it takes out the fleshy part of larger gastropods but the smaller ones are crushed and taken with the shells. The larger crabs are also appropriated in the same manner. During dry months it congregates largely on the edges of ponds and *gheries* (brackish water fish ponds) where it feeds largely on crabs, fishes, amphibia, snakes, insects, and earthworms.

Out of the 72 birds obtained from the Sundarban area, 46 were collected during the wet season (May-October) and 26 during the dry season (November-April). Analysis of their stomach contents reveals the following seasonal differences in its food-habits :

Animal groups	Wet season (food percentage)	Dry season (food percentage)
Reptilia	6	8.80
Amphibia	<u> </u>	5.10
Pisces		9.00
Mollusca	85	22.28
Crustacea	8	42.14
Insecta	_	8.00
Oligochaeta		4.10

Since the Openbilled Stork feeds principally on molluscs (Gastropods) during the wet season, it is not harmful to human economics. The destruction of the snails helps the agriculturists to save their nursery crops from being nibbled and destroyed by snails. Furthermore, the spread of certain helminth parasites is also checked by the destruction of snails which are their intermediate hosts. During the dry season, however, more than half of its food is composed of fishes and crustaceans of commercial value. Its role, during this season therefore, appears to be partially adverse.

#### Nettapus coromandelianus coromandelianus (Gmelin), Cotton Teal

The Cotton Teal, *Nettapus coromandelianus coromandelianus* (Gmelin) is the smallest of the Indian ducks. It is a resident species in the freshwater or slightly brackish water pools of the Sundarban reclaimed area. It prefers more or less open waters having reedy borders, and plenty of aquatic vegetation and animal life. It is gregarious, and flocks of 10 to 40 are not uncommon.

Not much information is available about the food-habits of this bird. Hume & Marshall (1880, p. 104) stated : 'Their food consists of rice grain, specially the seed of wild rice known as "Pasaie" in Upper India and of the shoots of various kinds of aquatic plants, worms, water insects, and their larvae. Once or twice I have found what I believed to be the remains of minute fishes and fresh-water crustaceans in their stomachs, but of this I could not be quite certain.' Baker (1929, p. 394) reports that the Cotton Teal feeds on shoots of land and water plants, wild rice and grain and also on insects, worms, snails and small crustacea and Mollusca, though these latter form quite a small percentage of the diet. Ali (1955, p. 108) stated that the food consists chiefly of vegetable matter, also insects, crustaceans, etc.

The detailed analysis of the stomach-contents of 43 adult specimens that the author collected in the Sundarban is given in Table 15.

Items of diet	No.	Wt.(g)	%(Wt.)	Remarks
Phylum Chordata Series Pisces Class T e l e o s t o m i Order Cypriniformes Family CYPRINIDAE				
Puntius sp.	18			Length 3-5 mm. Invariably present in stomachs.
<i>Chela</i> sp. <i>Labeo</i> sp. ? Family BAGRIDAE	32 3			Length 5-10 mm. Partially digested.
Mystus vittatus (Bloch) Order Cyprinodontiformes	17			Length 10-15 mm. Some partly digested.
Family CYPRINODONTIDAE Oryzias melastigmus (McClelland) Fish remains	6			Length 5-15 mm. Freshwater form. Not identifiable.
Total :	76	50	2.50	

TABLE 15

ANALYSIS OF THE STOMACH-CONTENTS OF THE COTTON TEAL

## FOOD-HABITS OF WATER-BIRDS

Items of die	et	No.	Wt.(g)	%(Wt.)	Remarks
Phylum Mollusca Class Gastropoda Order Mesogastropoda Family VIVIPARIDAE					
Viviparus bengalensis (La	marck)	10			Mostly with com- plete shells.
Family MELANIIDAE Melanoides sp. Order Basommatophora	L	22			-do-
Family LYMNAEIDAE Lymnaea sp.		40			Some complete animals and a few
Family PLANORBIDAE Indoplanorbis sp. Shell fragments		25			crushed shells. Not identifiable.
	Total :	97	370	18.50	
Phylum Arthropoda					-
Class Crustacea Order Decapoda Family PALAEMONIDAE Macrobrachium lamarrei	(Milne-	16			D data 1
Edward) Family ALPHIDAE Leander styliferus (Milne	e-Edward)	16 30			Partly broken. Invariably present
Family ATYIDAE	la m	9			in stomachs.
Caridina gracilipes de M Family POTAMONIDAE Paratalphusa sp.?	lan	9 7			Parts of body and
Crustacean fragments					appendages. Not identifiable.
	Total :	62	370	18.50	
Class Insecta Order Odonata Suborder Anisoptera Family AESCHNIDAE Aeschna sp.?		31+			Partly digested. Identification
Suborder Zygoptera Family COENAGRIIDAE Ceriagrion sp. Ischneura sp.?		20 10			doubtful. Partly digested and
Order Hemiptera Family NEPIDAB Laccotrephes sp.		35			broken.
Family GYRINIDAE Dineutus indicus Aube Family HydroPhiLidAl	3	13			
Hydrophilus sp. Insect fragments		20			Not identifiable.
	Total :	129-	- 150	7.50	

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Items of diet	No. Wt.(g)	%(Wt.)	Remarks
Vegetable matter : Family CONVOLVULACEAE Ipomoea sp. Family CERATOPHYLLACEAE Ceratophyllum sp. Family HYDROCHARIFACEAE Hydrilla verticillata			Roots and tender shoots. Part of plant.
Family NAIADACEAE <i>Ruppia rostellata</i> Miscellaneous vegetable matter Total :	1360	68.00	Not identifiable.

The food of the Cotton Teal is of mixed type, composed mainly of vegetable matter (68%) with a small percentage of animal matter (32%). The vegetable matter consists of submerged and floating weeds. The major portion of animal matter consists of Mollusca (18.50%). Insects form a small proportion (7.50%) of its diet, the fare consisting mostly of naiads of dragon- and damselflies, aquatic beetles and bugs. The other animals are small freshwater shrimps (18.50%) and freshwater fish fry (standard length 3-15 mm) both of commercial value (Fig. 5).

Although the Cotton Teal consumes fishes and crustaceans of fisheries importance the percentage is so small that it cannot be considered harmful.

#### Gallinula chloropus indica Blyth, The Indian Moorhen

The Indian Moorhen, *Gallinula chloropus indica* Blyth, is a resident bird of the marshes. It is commonly met with in the freshwater marshes of the reclaimed area, preferring undisturbed water-reservoirs which have plenty of submerged weeds, floating vegetation, reeds and rushes growing in them and shaded by trees on their edges.

About the food-habits of the Indian Moorhen, Jerdon (1864, p. 719) records that its food is chiefly vegetable but it also takes aquatic insects, larvae and even small fish. Blanford (1896, p. 176) states that it feeds on various kinds of vegetable food and on insects. Baker (1929, p. 29) finds that its food consists of water-weeds and berries, grass-insects, snails, worms, frogs and even small fish. Ali (1955) states that its food is insects, worms, molluscs, grain and shoots of paddy and marsh plants.

Regarding another subspecies of the species, the Florida Gallinule, Gallinula chloropus cachinnans Bangs, Barrows (1912) states that the food consists largely of insects, chiefly aquatic. Wetmore (1916, p. 326)

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found that in Porto Rico, 96.75 per cent of its food was vegetable, grass and rootlets forming 90.75 per cent and the other 6 per cent consisting of seeds of grass and various weeds, much of which must have been picked up on dry land. The remaining 3.25 per cent was made up of insects and a few small molluscs. Bent (1926, p. 352) mentions that its food consists of seeds, roots, and soft parts of succulent water-plants, snails and other small molluscs, grasshoppers and various other insects and worms.

On the European subspecies, Gallinula chloropus chloropus (Linnaeus), Collinge (1927, p. 278) who examined ten stomachs found that in Great Britain of the total food-contents 25 per cent consists of animal matter, viz., 1 per cent fish remains, 1.5 per cent tadpoles, 6.5 per cent injurious insects, 1 per cent beneficial insects, 5.5 per cent neutral insects, 4 per cent slugs and snails and 5.5 per cent earthworms; vegetable food forms 75 per cent of the total diet and consists of 55 per cent seeds and fruits of weeds, etc., 15 per cent grass and 5 per cent leaves, moss and vegetable fragment. Voous (1960, p. 86) states that its food consists of mixed animal and vegetable matters and is extremely variable, comprising a great number of marshwater insects (mosquito and their larvae), and all sorts of small water animals, seeds and fruits.

The detailed analysis of the stomach contents of 12 adult specimens of the Indian Moorhen that the author collected in the Sundarban is given in Table 16.

Items of diet	No.	Wt.(g)	%(Wt.)	Remarks
Phylum Mollusca				
Class G a s t r o p o d a Order Mesogastropoda Family VIVIPARIDAE				
Viviparus bengalensis (Lamarck)	13			Some complete and a few crushed shells.
Family LITTORINIDAE Littorina melanostoma Gray Family Hydrobildae	9			
Digoinostoma pulchella (Benson) Family MELANIIDAE	7			
Melanoides tuberculatus (Müller)	25			Invariably presen in stomachs.
Order Basommatophora Family LYMNAEIDAE				
Lymnaea sp.	18			Partly broken. Invariably presen in stomachs.
Shells in fragments				Not identifiable.
Total :	72	102	6.18	

TABLE 16

ANALYSIS OF THE STOMACH-CONTENTS OF THE INDIAN MOORHEN

Items of d	iet	No.	Wt.(g)	%(Wt.)	Remarks
Phylum Arthropoda					
Class Insecta Order Orthoptera					
Family LOCUSTIDAE		2			Dontially diseased
Hieroglyphus sp.?		2			Partially digested. Identification doubtful.
Chrotogonus sp.		5			Pest of paddy crop and nurseries.
Acrotylus sp.		2			-do-
Family TETTIGIDAE <i>Acrydium</i> sp.		2			-do-
Family TETTIGONIDAE					
Phasgonura sp.?		1			Partly broken and partly digested. Identification
					doubtful.
Miscellaneous grassho	ppers (fragments)	)			Not identifiable.
Order Odonata Suborder Anisoptera					
Family Aeschnidae Aeschna sp. ? (Naiads)		6			Partially digested.
Anax sp. (Naiads)	,	1			-do-
Suborder Zygoptera Family LIBELLULIDAE					
Pantala sp. (Naiads)		2			
Family COENAGRIDAN Ischneura sp. (Naiads)		1			Partly digested.
Coenagrion sp. (Naiad	is)	3			
Miscellaneous naiads (fragments)	of Outilata				Not identifiable.
Order Coleoptera Family DYTISCIDAE					
Eretes stictus Linnaeu	IS	3			
Laccophilus sp. Family GYRINIDAE		1			
Dineutes sp.?		2			Partly digested. Identification
					doubtful.
Order Diptera Family CULICIDAE					
Larvae and Pupae (tv	vo species)	100-	F		Invariably present
					in stomachs. Partly digested.
Family CHIRONOMID.	A TP				Not identifiable.
Larvae and pupae (or Insect (fragments)	ne species)	20+			-do- -do-
Insect (Hughlenits)	TT-4 1	151	4.9	2.00	-
	Total :	151	48	2.09	-
Phylum Annelida Class Chaetopo Order Oligochaeta	d a				
Family NAIDIDAE Limnodrilus sp.		100+			Tangled mass.
	Total :	100+	15	0.90	

FOOD-HABITS OF WATER-BIRDS

Items of diet	No.	Wt.(g)	%(Wt.)	Remarks
Vegetable matter Family CONVOLVULACEAE Ipomoea sp. Family LENTIBULARIACEAE Utricularia sp. Family CERATOPHYLLACEAE Ceratophyllum sp. Family HYDROCHARIFACEAE Hydrilla verticillata Vallisneria spiralis Family ARACEAE Pistia stratiotes Family NAIADACEAE Family NAIADACEAE Ruppia sp. Naias minor Miscellaneous vegetable (fragments)				Floating weed. Submerged weed. Aquatic weed. -do- Floating weed. Submerged weed. -do- Not identifiable.
Total :		1485	90.00	_

Of the total food consumed by the Moorhen, 90% consists of vegetable matter and 10% animal matter. The submerged or floating aquatic weeds form the chief vegetable food. The animal food consists of 2.09% insect, 6.18% freshwater molluscs and 0.90% freshwater Oligochaeta. The insect food is composed of aquatic forms, such as dragon- and damselfly naiads, aquatic beetles, larvae and pupae of mosquitoes and chironomids, and some semi-aquatic and terrestrial grasshoppers. No bugs have been found. Of the 151 examples of insects comprising 15 species, 120 examples representing three species were found to be injurious to public health, such as the mosquitoes and chironomid, and 12 examples representing five species of grasshoppers which are pests of crop and cultivated vegetables.

The Indian Moorhen, therefore, appears to be beneficial since it devours a large number of pests of crop and some disease-carrying insects.

#### Fulica atra atra Linnaeus, The Coot

The Coot, *Fulica atra atra* Linnaeus, is a bird of the open waters. In the Sundarban, it is usually seen in freshwater stretches which have plenty of submerged aquatic herbage skirted by reeds, sedges and bulrushes. It is generally seen in small flocks of 4 to 12 birds, and occasionally singly or in pairs. In winter, the local populations of the Sundarban are augmented by migrants from adjacent areas for food.

Regarding the Coot in India, Jerdon (1864, p. 716) states that it feeds chiefly on vegetable matter, seed and shoots of aquatic plants. Blanford (1898, p. 181) observes that the food consists of water plants, insects

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and Mollusca. Whistler (1928, p. 339) stated : 'Its food consists largely of vegetable matter which is taken both on the surface and by diving, but it also eats small fish, insects and mollusca, and is not above devouring the eggs and chicks of other aquatic birds.' According to Baker (1929, p. 35) it often resorts, in the mornings and evenings, to the fields to feed both on young crops and on insects, snails, worms, etc. It is also known to steal other birds' eggs and have been accused of eating their chicks. Ali (1955, p. 85) records that its food is grass and paddy shoots, aquatic weeds, and insects, molluscs, etc.

In Europe, Townsend (cited by Bent, 1926, pp. 356-357) found that its food consists of aquatic insects, molluscs, slugs, worms and small fishes, seeds, buds and tender shoots of aquatic plants. It also eats meadow grass and berries. Voous (1960, p. 87) states that its food is mixed but mainly vegetable, quantities of the submerged parts of plants obtained by diving, also seeds, fruits, buds and petals of flowers of marsh and water plants, in winter grass and in summer minute water animals.

The detailed analysis of the stomach contents of 36 adult specimens that I collected in the Sundarbans is given in Table 17.

ANALYSIS OF THE SI	OMACH-	CONTENTS	S OF THE (	Соот
Items of diet	No.	Wt.(g)	%(Wt.)	Remarks
Phylum Chordata Class A m p h i b i a Order Anura Family RANIDAE Rana sp. (tadpoles) Rana limnocharis Boie ?	27 3			Partly digested.
Total :	30	50	2.81	
Series Pisces Class T e l e o s t o m i Order Cypriniformes Family CYPRINIDAE				
Chela sp.	32			Length 10-15 mm Freshwater form. Invariably present in stomachs.
Labeo sp.	6			Length 15-25 mm Freshwater form.
Puntius sarana (Hamilton) ?	14			Freshwater form. Freshwater form. Partly digested. Identification doubtful.

TABLE 17

## FOOD-HABITS OF WATER-BIRDS

2	130	6.77	Length 20-25 mm Freshwater form. Length 30-50 mm Fresh and brackish water form. Length 25-40 mm Freshwater form.
2	130	6.77	Length 30-50 mm Fresh and brackish water form. Length 25-40 mm
	130	6.77	Length 25-40 mm
1	130	6.77	
5			Some complete and some broken shells.
)			Some complete shells.
3			Partly broken shells.
2			Not identifiable.
5	250	13.02	_
0 7			Aquatic. Aquatic.
3			Aquatic form.
4			Aquatic form.
7			Aquatic form. Aquatic form.
	9 3 5 2 5 5 0 7 3 4	9 3 5 2 5 250 7 3 4	9 3 5 2 5 250 13.02 0 7 3 4

Items of diet	No. Wt.(g)	% (Wt.)	Remarks
Family GRINIDAE Dineutes indicus Aube Order Diptera Family CULICIDAE	2		Aquatic form.
Larvae and pupae	100+		
Total :	169 150	7.00	_
Phylum Annelida Class C h a e t o p o d a Order Oligochaeta Family NAIDIDAE			
Limnodrilus sp.	100+		Tangled mass.
Family MEGASCOLICIDAE Pheretima sp.	6		
Total :	106 + 120	6.25	-
Vegetable matter Family CONVOLVULACEAE <i>Ipomoea</i> sp. Family CERATOPHYLLACEAE			- Roots and tender shoots.
Ceratophyllum sp.			
Family HYDROCHARIFACEAE Hydrilla verticillata Vallisneria spiralis			
Family GRAMINAEAE Oryza sativa Panicum sp.			
Total :	1220	63.53	-

The food of the Coot consists of both vegetable matter (63.53%) and animal matter (36.47%). The vegetable matter consists of submerged and floating weeds, tender roots and shoots, grass, paddy shoots and buds, immature grains, etc. The animal matter consists of 6.25%of freshwater and land Oligochaeta (earthworm), 13.02% of freshwater gastropods, 7% of aquatic insects consisting mostly of naiads of dragonand damselflies, mosquito larvae and pupae, aquatic Coleoptera etc. ; fishes consisting of small freshwater species (standard length 10-50 mm.) of commercial value, 6.77%.

On the whole the bird does not appear to be a harmful one. The total amount of paddy shoots, grain and fishes taken is negligible, and this is largely compensated by the good it does by consuming large numbers of mosquito larvae and pupae.

(to be continued)